BART Bike Rules
- During commuting hours (7:00-9:00AM and 4:30-6:30PM), bikes are allowed on all cars except the first 3.
- During non-commuting hours, bikes are allowed on all cars except the first car.
- Folded bikes are allowed on all cars, all the time.
- Bikes are never allowed on crowded cars, use good judgement and have respect for others.
- Bicyclists must hold their bikes at all times.
- Bicyclists must use elevators or stairs, not escalators and always walk their bikes.
- Anyone under the age of 15 with a bike, must be accompanied by an adult.

BART Bike Storage
- BikeLink lockers
  Available at every station except for SF stations; Embarcadero, Montgomery, Powell, Civic Center, 16th st. Mission, and 24th st. Mission.

CalTrain Bike Rules
- Passengers must be at least 6 years old to bring a bike on board, 6-12 year olds must be accompanied by an adult.
- Bikes cannot be taken on escalators and must be walked at all times in stations and trains.
- Each train has 2 bike cars with 40 bikes per car. Cars are first come, first serve.
- Conductors may decline a bicycle due to a crowded train.
- Folded bikes and single seat bikes are permitted.
- Bikes must have displayed destination tags, available for print out on the CalTrain website.

CalTrain Bike Storage
- Racks
  Bicycle racks are located at all stations except: College Park and San Martin.
- Bike Lockers
  You may valet your bike in these bike lockers. In order to do so, you need to sign up online or by phone. More information at: www.caltrain.com/riderinfo/Bicycles

Muni Bike Rules
- Only folding bikes are allowed in Muni vehicles, except the cable cars.
- Bikes must remain folded with their owner.
- Bikes cannot be placed on seats or block any seats or passengers.

Muni Bike Storage
- Bike lockers are available at 3 city-owned garages: Ellis O’Farrell, Fifth & Mission, and Sutter Stockton.
- A Bikelink card is needed to access the lockers.
- You can get a Bikelink card online or by phone: Sign up online (www.bikelink.org) or call 888-540-0546.
- You can also get one in person at the transit info kiosk at the Embarcadero BART station.
More information at: www.sfmta.com/getting-around/bicycling

Muni Racks on Buses
- You must use the bike rack, make contact with the driver before loading and unloading your bike.
- Customers may not load bikes to racks.

Loading and Unloading Bikes
1. Stop at and hold the chrome release handle located on the top section of the bike rack, then lower the rack from its upright position into its locked, horizontal setting
2. Notify the driver before exiting the vehicle that you will be removing your bike, exit from the front door and make eye contact with the operator before approaching the rack.
3. Remove your bike from the rack
4. Return the bike rack to its upright, locked position by squeezing the chrome release handle before resetting it to its front loaded position.